



Community Education Workshops for Professionals: 2009-2010

All workshops are held at the Sexual Assault Center at
101 French Landing Drive, Nashville, TN 37209, in Metro Center

Call (615) 259-9055 ext 332 or email amarkham@sacenter.org to register

Ethical Considerations in working with Teens: Best Practices with Confidentiality

Presented by Shelly DeMarsillis, LCSW and Amy S. Moseley, BA, Victim's Advocate

November 6, 2009, 9:00am-12:00pm; 3 hours of CEU credit

Cost: \$60 for professionals; \$45 for students (*with valid ID*)

Working with Teens is a challenging job. Confidentiality issues can further compound the difficulty of this work. This training will cover the various ethical codes on confidentiality including APA, NASW, ASCA and ACA and discuss best practices in applying these codes to client cases. Teen-based scenarios will be used to practice the application of these best practices and to learn how different providers function according to their code of ethics.

Eating Disorders and the Sexual Assault Survivor

Presented by Lisa Lyons, LCSW, Clinical Hypnotherapist & Rebekah Zahurones, LCSW

February 26, 2010, 9:00am to 4:00pm; 6 hours of CEU credit

Cost: \$125 for professionals; \$75 for students (*with valid ID*)

This workshop will provide information regarding the relationship between sexual trauma and the development of eating disorders. We will take an in depth look at the impact of sexual trauma on self-esteem, self-concept, and body image and how these factors often contribute to the development of eating disorders. We will also discuss the dynamics of self blame, guilt, self punishment, and the need for control as it often occurs with sexual abuse survivors and how these dynamics function within the eating disorder. You will receive practical information and therapeutic exercises that can be easily implemented in the treatment of eating disordered clients.

Compassion Fatigue, Vicarious Trauma, and Burnout - Self-care for the Caregivers

Presented by Eric S. Fogle and Randi Taylor, Ph.D.

April 23, 2010, 9:00am to 4:00pm; 6 hours of CEU credit

Cost: \$125 for professionals; \$75 for students (*with valid ID*)

Experiencing Compassion Fatigue, Vicarious Trauma, or Burnout is unfortunately a common occurrence for professionals in the mental health field, and is particularly common amongst mental health professionals working with trauma victims. This workshop will differentiate between Compassion Fatigue, Vicarious Trauma, and Burnout, as well as help participants to identify the signs and symptoms of each and also measure their own current compassion fatigue. Once signs and symptoms are identified, there are things we as professionals can do, both individually and organizationally, to decrease the potential or the exacerbation of Compassion Fatigue and Vicarious Trauma. This workshop will and discuss, demonstrate and practice, several techniques and interventions to be used in the office and out of the office to decrease burnout, vicarious trauma, and compassion fatigue for those professionals confronted daily by others' trauma. Several techniques learned in this workshop can also be used therapeutically with clients to assist them in decreasing their trauma symptoms. It is extremely important for mental health professionals to remember to take care of themselves in order to best serve their clients; this workshop will assist professionals in strengthening their own self-care.